



Star for Life

— empowering young people

Phumlani Primary School

Schools programme

A sponsor report compiled for
SFL Norway on Star for Life activities

Name of Principal: **Mr Mlambo**

Name of Area Manager: **Mrs Ngubane**

Name of the Coach: **Philani Thabethe**

Total Enrolment: **152**

Reporting period: **August 2024-March 2025**

Introduction

Phumlani Primary School is in Phumlani Township and has eight teaching staff and two non-teaching staff. People living in this township are from different rural areas around Hluhluwe, they moved to this place for jobs and job hunting. In this community there is a high rate of poverty, absent parents and orphans, this leads to social ills such as Substance Abuse, Sexual Abuse and Child Neglect. The Star for Life Coach has done various awareness campaigns, Girls and Boys Talks and Child Protection Campaigns to respond to these challenges or to prevent such social ills from affecting Phumlani Primary School learners. The Star for Life resident Coach also conducts one-on-one consultations with learners so they can be referred to relevant stakeholders should the case be beyond the Coaches capacity. This report will give detailed information on executed activities including classroom sessions, consultations, Jabulani sessions and Boys and Girls talks.

Learner-Centred Activities

Classroom sessions

The Star for Life Classroom sessions are delivered almost every day when the Coach is visiting the school. The Coach delivered a total of 11 sessions from August 2024 to March 2025. Here are some of the sessions conducted. In Grade 4 the Coach discussed a topic on violence titled, 'Learning about violence'. This session is awakening learners about violence and how to avoid violence. The Coach discusses the dangers associated with engaging in violence and where to report such incidents. The Grade 5 learners were intrigued by the Classroom Session titled, Right and wrong ideas about HIV. This session clarified the difference between myths and truth about HIV, and how we should treat people living with HIV in our communities. The topic that interested most Grade 6 learners

was the Substance abuse topic. This topic erupted a debate as learners spoke about the information and experience, they have on this issue. This was a very informative session for all Grade 6 learners. In grade 7, the learners engaged more actively when the Coach was delivering a topic on teenage pregnancy. This topic capacitated the learners on to avoid early pregnancy and challenges it come with since they are still young.

From August to December 2025 there were no Classroom Sessions from Grade R to Grade 3 because according to the old manual the Coach delivered Jabulani Sessions to these grades. In 2025 the new manual introduced Classroom Sessions to the foundation phase and the topics that has been delivered so far Managing emotion part 1 for Grade 1 and Dreams for Grade 3. The 'Managing emotions' topic for Grade 1 outlines ways of dealing with strong emotions and to give an understanding that it is acceptable for them to feel in a certain way. The Grade 3 topic on Dreams encouraged learners to dream and believe their dreams are possible.





Star Jabulani sessions from the period of August 2024 to March 2025.

Period	Grade	Topic	Learners Reached	Objectives of the Star Jabulani Session
3rd Term 2024	R-3	Child Abuse	73	Learners to be able to describe what is Child Abuse, to be able to know when one is being abuse, and to be able to know the different types of Child abuse.
4th Term 2024	R-3	Dreams	71	Learners to understand what a dream is, the importance of having a dream, helps them to start dreaming.

Jabulani Sessions is an edutainment activity where The Star Jabulani (Mascot) narrate educational stories to the learners in foundation phase (grade R to 3). This activity starts with a Star Jabulani song and dance when learners and the Star Jabulani dance together on their significant Star Jabulani song. After the energetic dance learners will sit down and

allow Star Jabulani to tell them a story which always has an important lesson. Star Jabulani ends the session by asking learners questions to verify whether the learners were listening, and they did get the lesson behind. In closure of the session the Star Jabulani dances the Jabulani song with learners again.

One-on-one Consultations

The Coach conducts consultations to attend to learners' psycho-social needs. These consultations are conducted through one-on-one consultations or group consultations. Mostly the group consultations involve parents, or any family members related to a child in question. These sessions often delve into sensitive issues such as domestic issues, learning problems, misconduct, sexual abuse, neglect and self-esteem cases. Most times learners are referred by their educators to the Coach, though some take the initiative to self-refer when they recognise a need for support. Should the case is beyond the scope of the Coach, the Coach refer that case to relevant stakeholder such as the department of Health, Department of Social Development for comprehensive assistance. From August 2024 till March 2025, The Coach conducted 32 Consultations.



The Coach would like to highlight an individual story of a girl in Grade 3".

An 8-year-old girl was referred to The Coach by a concerned educator who noted that the girl was lacking involvement during class lessons. During counselling, the girl told the Coach that her mother neglected them, and she must look after her younger sister who was doing Grade R. Her Father was never part of their lives since birth. The Coach referred the case to the Star for Life Social Worker from Wellness Unit. Together with the Coach they then visited the girls house to assess the condition. The house was not safe, it had broken doors, broken windows, and there was no food, the house was not in a condition for a person to live in. The case was forwarded to Department of Social Development. The mother was then found, and the Social Workers warned her and told her that Child Neglect a crime. She is now back at home and is looking



after her children. The Coach is still monitoring the situation and engaging with this learner to ensure that she is taken care of by her mother.

Additional Activities:

The Coach organised a Girls and Boys Talk at Phumlani Primary School to talk to learners about specific issues that were affecting them. A total of 59 number of learners were reached through Boy/girls talk. This event was supported by The Mobile Health Unit Coaches, the Wellness Unit and High School Coaches.

In January 2025 the Star for Life Norway visited the school donated sports equipment which included the soccer and netball Jerseys, training Soccer poles, netball poles, soccer ball, netballs and other sporting equipment and a monetary donation of R10 600 which the school used to purchase a laptop and ink for the printer. Star for Life and the school express a big THANK YOU!

Some Challenges

Phumlani Primary school's toilets are in a bad condition, they have broken windows, doors and pipes, which led to a Cobra coming to the learners' toilet through the broken pipe. The school also has a challenge of shortage of classrooms which lead to multi grading where different grades share one class. There has no library and running short of teaching aids for Grade R.

We at Star for Life would like to sincerely thank you SFL Norway, for your continued sponsorship to Star for Life. Without you the work that Star for Life does would not be possible. You make it possible.



Signed by the Coach: Philani Thabethe

Coach Philani has been part of the SFL family since April 2018. He was appointed for three schools which is Mfundabasha, Safari and Phumlani primary school. He obtained a Bachelor in Performing Arts and a certificate in Play Therapy. He has been doing well in implementing SFL programme and supporting learners to value their learning and taking care of themselves. Working in Primary schools brings enormous joy in my heart knowing that I am part of the movement planting a seed that will change the community and the world at large.